



Attention: **Nebo Parents**

*join our next Mental Health Series...*

## Social Media: Protecting Your Child by Staying Aware & Involved

Protecting children from technology that moves so fast is very difficult to manage. Oftentimes, the way parents react can make the issues worse.

**Course Created by:**

Dr. Kevin Skinner, LMFT, CSAT, EDMR

**This session covers the following:**

- Learn the parenting pitfalls
- Practical solutions to effectively manage technology use
- Educate about the truths of Our Devices
- Device Awareness
- Avoid being blindsided
- Expecting Challenges
- Disciplined Parenting



**October 12, 2023**

**6:00–7:00 PM**  
**via Zoom**



**Register Here**

<http://cookcenter.info/Oct12Nebo>

**Nebo**  
SCHOOL DISTRICT