

# LEARN TO SOAR

Name: \_\_\_\_\_ Date: \_\_\_\_\_

I was not:

- \_\_\_ **S**taying safe
- \_\_\_ **O**wning my actions
- \_\_\_ **A**cting responsibly
- \_\_\_ **R**especting everyone and everything

I had trouble with:

- |   |                             |
|---|-----------------------------|
| Inappropriate language                  | Disrespect / Minor defiance |
| Physical Contact                        | Misusing property           |
| Disrupting learning                     | Other: _____                |
| Dress code violation                    |                             |
| Not following directions / school rules |                             |

What happened just before my action?

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What did I hope to have happen?

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“It’s okay to be upset, but remember  
Falcons SOAR.”

Next time I will:

- |                      |                          |
|----------------------|--------------------------|
| Ask for help.        | Talk to someone.         |
| Walk away.           | Make a different choice. |
| Take a deep breath.  | Other: _____             |
| Be a better example. |                          |

Teacher \_\_\_\_\_ explanation:

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With a parent (or teacher), we talked about:

- What did I want to have happen?
- How was I feeling just after my action?
- What other choices could I have made?
- Who can I talk to for help next time?
- How do my choices affect other people?
- Why is it important to follow rules?
- Other

For Parents

Note to parent about LEARN TO SOAR form:

This is an opportunity to talk with your child about their actions to learn from this behavior and prevent future issues, and is not meant to be a punishment.

Parent Signature:

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White: home

Yellow: teacher